# City of Los Angeles Department of Recreation and Parks 

# Mar Vista Recreation Center 

11430 Woodbine St. Los Angeles, CA 90066
Phone: (310) 398-5982


## FALL 2019 STRIKERS/SWEEPERS SOCCER

## Length of Game

1. There will be $\mathbf{2}$ (28) twenty eight minute halves with a three minute halftime. There are no timeouts in soccer.
2. All games must begin at the designated starting time. NO EXCEPTIONS!
3. Have your team meet TWENTY MINUTES early so that you can be organized and prepared for your game. Warm-up time provided before the start of the game shall take place in the grass area before your designated game.
4. There will be no overtime periods during the regular season.

## Player Participation

1. Each team will carry 14 players on their roster.
2. Eleven (11) total players will play at a time, including the goalie.
3. All players must play AT LEAST $\mathbf{1}$ full half of the game.

## Substitutions

1. Free substitutions are acceptable throughout the second half of the game but shall be forced at the 14 MINUTE MARK of each half. Substitutions are also required to take place during half time.
2. The only exception would be for an injury.
3. Goalies are allowed to switch during all acceptable substitution times.

## Start of Play

1. The start of the game will be determined by a coin toss. The team that wins the coin toss has the option to start the game with the ball or has to option to pick an attacking side. The other team will get the opposite option of what the coin toss winning team picked.
2. A team must field at least eight (8) players to start a game. Any team not able to field a team of at least eight (8) players will forfeit that game.
Note: A forfeit will be considered a 2-0 loss.

## Goalies

Each team will have a goalie, whom will wear a contrasting mesh jersey overtop of his/her team jersey (these will be provided). Goalies can play the entire game in goal. Goalies can be switched at any point just as long as play has stopped and official has approved the substitution.

## Fouls

There will be 2 paid referees for each game, whom will keep the game time and official score. The referee will use his/her best discretion to call the game, and will be asked to submit any persons or coaches that were out of line to the soccer coordinator. Yellow and red cards will be given to players who are intentionally holding, tripping, pushing, kicking, etc. Yellow and red cards will be given to Coaches for unsportsmanlike conduct and illegal substitutions. If a coach receives a red card, said coach will have to referee a younger division's game. A player receiving a yellow card at anytime must sit out for 5 minutes without a replacement.

## Players Code of Conduct

Players are required to behave in a sportsmanlike manner at all times. Players who are unable to comply with the request and refuse to conduct themselves in a civil manner will be penalized which may include community service, suspension \& or expulsion from the league.

## Standings

A team will be awarded 2 points for a win, 1 point for a tie, and 0 points for a loss. The team with the most points will be a top the standings and so forth down the line. If there is a point tie among teams, the first tie breaker is the head-tohead record. The second tie breaker would be decided by a coin toss.

## Playoffs

A single elimination tournament will end the season. This may result in having double headers on the last day of games.

## Field of Play

Games will be played on a $100 y \mathrm{y}$ x $60 y \mathrm{y}$ field with 12 foot goals.


